Ten Ways to **GET INVOLVED in the MMA RIGHT NOW!**

- Become a Member
- Join an MMA committee, task force or work group
- Participate in the Physician Volunteerism Program (PVP)
- Attend MMA’s Annual Conference
- Participate in a Physician Forum
- Follow MMA on Twitter and Facebook: @mnmed
- Be a preceptor, using MMA’s preceptor resources to guide your service to medicine
- Submit a policy issue or vote on current issues using our new tool, The Pulse
- Meet with your state legislators to discuss the most pressing issues in medicine
- Participate in the mentorship program – request or become a mentor

For more information, talk to MMA staff or e-mail [membership@mnmed.org](mailto:membership@mnmed.org)