Address your state legislator as:
- Senator, if they are a member of the Senate, or
- Representative, if they are a member of the House of Representatives.
- Do not refer to them as Congressman, Congresswoman or Congressperson.

Know your issue and bring effective handouts.

Visit the MMA website at mnmed.org for issue briefs and talking points on key issues.

Be brief and concise when meeting with, or writing to, your legislator. Tell them why you support or oppose an issue in terms they will understand. Use personal experience and stories whenever possible to help illustrate how the issue impacts your practice and patients.

Offer to be of assistance to them.

Thank them for their time.
Reduce third-party interference in patient care
- Prohibit insurers from forcing a patient on successful medication therapy to change medications during an insurance benefit year
- Extend current law that prohibits HMOs from denying a service simply for failure to ask for a prior authorization to all types of health insurance products
- Require insurers to provide real-time prescription benefit information and notice of prior authorization requirements in compliance with nationally developed standards

Reduce minors’ access to tobacco and e-cigarettes
- To ensure rigorous enforcement and compliance, Minnesota must act to conform state law with the recent federal action raising the age to purchase tobacco and e-cigarettes from 18 to 21.
- Prohibit the sale of flavored tobacco and flavored nicotine-containing products

Prevent firearm injury and death
- Expand criminal background checks to all firearm transfers and sales
- Enact a “red flag” law to allow law enforcement to protect those who may be a danger to themselves or others
- Authorize the use of de-identified firearm ownership data for public health research and epidemiologic investigations

Increase immunization rates
- Repeal existing personal belief exemption (PBE) from Minnesota’s childhood immunization laws
- Fund education and outreach efforts in communities with lower immunization rates