



MINNESOTA
MEDICAL
ASSOCIATION

The Leading **Voice**

2025
ANNUAL REPORT





A YEAR OF CHANGE, TRAGEDY, & COMMITMENT

It is my privilege to share with you this combined 2025 MMA and MMA Foundation Annual Report. As I reflect on 2025, three words are top of mind for me – change, tragedy, and commitment.

CHANGE. Each time a new presidential administration begins, some changes in national health policy are expected. But the health-related changes advanced in 2025 by the new administration and by Congress were nothing less than seismic. In response, the MMA expanded its usual focus on state and local issues to include more federal issues and more direct advocacy. The speed, scale, and scope of federal changes and their impact on the practice of medicine in Minnesota demanded nothing less.

TRAGEDY. In June, Minnesotans bore witness to a horrifying attack on public servants – the killing of Rep. Melissa Hortman, her husband, Mark, and their dog, Gilbert, and the shooting of Sen. John Hoffman and his wife, Yvette. Two months later, the sanctity of a school church was violently breached, leaving two children dead and 30 people injured. Physicians, other healthcare workers, and first responders saved lives and healed wounds. The MMA also responded by calling, yet again, for common-sense policy changes to reduce firearm injuries and deaths.

COMMITMENT. Through countless actions – big and small – the MMA continued to demonstrate its commitment to make Minnesota the healthiest state and the best place to practice medicine. Despite the changes and challenges of the year, we made real progress::

- ✓ Secured passage of legislation to limit mid-year formulary changes
- ✓ Helped secure passage of legislation to extend coverage and payment parity for telehealth services
- ✓ Led the development of a new Medicaid financing strategy to invest in physician payment rates
- ✓ Launched a new multidisciplinary campaign, [Treat Yourself First](#), to reduce stigma in help-seeking among healthcare professionals
- ✓ Created the “[One Big Beautiful Bill Act](#)” [Resource Guide for Minnesota Physicians](#) to describe the law’s impact for Minnesotans
- ✓ Completed the second cohort of the [Minnesota Physician Leadership Institute](#)
- ✓ Increased the number of physicians and care team members trained in [serious illness communication](#)
- ✓ Invested, via the [MMA Foundation](#), in community health projects and future physicians
- ✓ Exceeded membership goals

I hope you will take a few minutes to read more about our 2025 work on the following pages.

Thank you for your ongoing support and for all you do for the health of Minnesotans.

A handwritten signature in blue ink that reads "Janet L. Silversmith". The signature is written in a cursive, flowing style.

Janet L. Silversmith, CEO

MMA LEADERSHIP

(JANUARY THROUGH SEPTEMBER 2025)

2025 Officers

PRESIDENT

Edwin Bogonko, MD, MBA, Shakopee

Click [here](#) to watch a 5-minute recap of 2025 by Dr. Bogonko.

PRESIDENT-ELECT

Lisa Mattson, MD, Plymouth

IMMEDIATE PAST PRESIDENT

Laurel Ries, MD, St. Paul

SECRETARY/TREASURER

Amrit Singh, MBBS, Mankato

CHAIR OF THE BOARD

Kimberly Tjaden, MD, MPH, St. Cloud

CHIEF EXECUTIVE OFFICER

Janet Silversmith

Trustees

- Hunter Cantrell, Minneapolis, Medical Student
- Lynn Cornell, MD, Rochester
- Saam Dilmaghani, MD, MPH, Rochester, Resident/Fellow
- Elizabeth Elfstrand, MD, Minneapolis
- Dionne Hart, MD, Rochester
- Dania Kamp, MD, Moose Lake
- Gaurav Mehta, MBBS, Detroit Lakes
- Lora Princ, MD, MBA, Minneapolis, Policy Council Appointee*
- Caleb Schultz, MD, Minneapolis
- David L. Smith, MD, Sartell
- Rebecca Thomas, MD, Plymouth

*through August 2025

AMA Delegation

- *Chair:* Cindy Firkins Smith, MD, MHCI, Willmar
- JP Abenstein, MD, MSEE, Rochester
- Andrea Hillerud, MD, St. Paul
- Dennis O'Hare, MD, St. Paul
- David Thorson, MD, White Bear Lake

AMA ALTERNATE DELEGATES

- Edwin Bogonko, MD, MBA, MMA President, Shakopee
- Lisa Mattson, MD, Plymouth
- George Morris, MD, St. Cloud
- Ashok Patel, MD, Rochester
- Laurel Ries, MD, St. Paul

MMA Committees

FINANCE AND AUDIT

Chair: Amrit Singh, MBBS, Mankato

ETHICS AND MEDICAL-LEGAL AFFAIRS

Chair: Lindsey Yock, MD, JD, Minneapolis

EQUITY IN ACCESS & QUALITY

Chair: Stella Evans, MD, Minneapolis

PUBLIC HEALTH

Chair: Maria Starchook-Moore, MD, MPH, Edina

COMMITTEE ON ACCREDITATION & CONTINUING MEDICAL EDUCATION

Co-chair: Robert Moravec, MD, Oakdale

MMA Policy Council

Chair: Benjamin Meyer, MD, Minneapolis

MMA Medical Student Section

Co-chair: Saliha Chaudhry, University of Minnesota Medical School - Twin Cities Campus

Co-chair: Spencer Breen, University of Minnesota Medical School - Duluth Campus

MMA Resident and Fellow Section

Chair: Michael Rigby, MD, PhD, Rochester

VICE Chair: Olga Lopez, MD, Rochester

LGBTQ+Section

Co-Chair: Victor G. Chedid, MD, MS

Co-Chair: Fi D. Fonseca, MB, BCh, BAO, MS

MMA Foundation

Board President: George Schoepfoerster, MD, St. Cloud

CEO: Kristen Gloege

BOARD MEMBERS

- David Agerter, MD
- Macaran Baird, MD
- Saam Dilmaghani, MD, MPH
- Ed Ehlinger, MD, MSPH
- Stuart Hanson, MD
- Kasey Justesen, MD
- George Lohmer
- Tiffany Onyejiaka
- George Schoepfoerster, MD
- Janet Silversmith, MMA CEO, Secretary
- Cindy Firkins Smith, MD
- Verna Thornton, MD

MEDPAC (MMA'S POLITICAL ACTION COMMITTEE)

Chair: Will Nicholson, MD, Maplewood



Edwin Bogonko, MD, MBA



Lisa Mattson, MD



Laurel Ries, MD



Amrit Singh, MBBS



Kimberly Tjaden, MD, MPH

Continuing our efforts to reduce firearm violence

While every year seems to be a difficult one in this country when it comes to firearm violence, it became more personal this year when two school children were shot and killed and several others wounded on August 27 at the Annunciation Catholic Church and School in south Minneapolis. In a statement, the MMA vowed to “continue to advocate for common sense changes to laws and policies that will prevent future tragedies like this from occurring.”

The following week, the MMA and other physician advocacy organizations sent a letter to Gov. Tim Walz urging him to call a special legislative session to “pass legislation to address the devastating death and injuries from firearms and gun violence.”

The letter specifically urged lawmakers to pass:

1. a statewide ban on assault weapons,
2. a statewide ban on high-capacity magazines,
3. a statewide requirement that firearms be stored locked, unloaded, and separate from ammunition, and
4. removal of the current prohibition on local municipalities enacting stricter firearm regulations than the state.

In early October, the MMA, along with representatives from Children’s Minnesota, Hennepin Healthcare, and other healthcare advocates held a press conference at the State Capitol, once again urging Gov. Walz and state legislators to agree to a special session to address firearm safety reform.

Later that month, with still no special session called, the MMA partnered with several other specialty groups to host a forum featuring national grief expert David J. Schonfeld, MD, FAAP, at Hennepin County Medical Center (HCMC). Schonfeld provided tips on dealing with the aftermath of crises.

In late December, an interview study on clinical firearm safety counseling, written by MMA members, staff, and researchers at the University of Minnesota, was published in the [*American Journal of Health Promotion*](#).

Physicians for Gun Violence Prevention Fund

As the MMA’s philanthropic partner, the MMA Foundation fuels physician-championed initiatives that advance the shared mission to make Minnesota the healthiest state and the best place to practice medicine.

In 2025, an MMA physician made a transformative \$54,600 leadership gift to establish the *Physicians for Gun Violence Prevention Fund*, launching a new, physician-led effort to address one of Minnesota’s most urgent – and preventable – public health crises.

This investment is accelerating work already prioritized by the MMA – equipping physicians with evidence-based education, safe storage resources, and opportunities to lead prevention efforts in their clinics and communities. Just as importantly, the gift has inspired additional contributions from MMA members, demonstrating strong physician commitment to practical, non-partisan solutions that protect patients and communities.



MinnesotaCare and the undocumented

In 2023, Minnesota lawmakers passed legislation, supported by the MMA, that allowed undocumented Minnesotans to be eligible for MinnesotaCare, a program that provides subsidized health insurance to low-income Minnesotans whose household incomes are slightly too high for Medicaid coverage. Eligibility was expanded on January 1, 2025.

However, in April 2025, Republican leaders introduced a bill to limit undocumented Minnesotans' access to MinnesotaCare after learning that enrollment and cost figures far exceeded initial estimates.

The MMA, the Minnesota Hospital Association, the Minnesota Council of Health Plans, and the Minnesota Catholic Conference all opposed the bill to limit undocumented Minnesotans' access to MinnesotaCare. Ultimately, the bill passed. As of December 31, 2025, undocumented adults are no longer eligible for MinnesotaCare. Children under the age of 18 remain eligible.

Opposing cuts to Medicaid

On the national level, Congress moved quickly in the first half of 2025 to pass a massive reconciliation bill – a legislative package of budget-related items that can be passed with a simple majority.

During deliberations of the bill, the MMA actively urged all members of Minnesota's congressional delegation to oppose it. The MMA sent two [Action Alerts](#) prompting members to send emails and texts to their members of Congress, and joined more than 40 other state medical societies in sending a [letter](#) to Congressional leadership.

The so-called "One Big Beautiful Bill Act" (i.e., H.R. 1) was signed into law on July 4, 2025. Following its passage, the MMA published a [comprehensive resource guide](#) to help physicians understand how the bill will affect their patients and how they practice medicine in Minnesota. The bill is projected to result in as many as 220,000 Minnesotans – and up to 10 million Americans – losing health insurance coverage.

Fighting to preserve ACA tax credits

In September, the MMA, along with other healthcare advocates, sent a [letter](#) to Congress urging them to extend the enhanced advance premium tax credits (eAPTCs), which have helped more than 24 million Americans (and nearly 20,000 Minnesotans) afford ACA Marketplace coverage in 2025. Unfortunately, the enhanced tax credits expired at the end of the year. Millions of Americans – including many older adults, small business owners, and those in rural areas – will face steep premium increases or lose coverage entirely.



Bringing care directly to communities

Through the MMA Foundation's [Indihar Advocacy Scholarship and Friedman-Bowen Primary Care](#) grants, medical students across Minnesota advanced Street Medicine efforts in 2025 by translating learning into action. Students participated in national training, distributed essential health and hygiene resources, and helped build a more coordinated statewide approach to caring for people experiencing homelessness.

Advancing health equity through student leadership

MMA Foundation [Reuter Lien](#) scholar Axel Hidalgo, an MD/PhD student at the Mayo Clinic Alix School of Medicine, supported more than 150 patient visits as a bilingual medical educator. By bridging language and cultural barriers, Hidalgo strengthened trust, improved communication, and enhanced care for Spanish-speaking patients – demonstrating how student leadership can advance health equity and patient-centered care.

MAKING MINNESOTA THE BEST PLACE TO PRACTICE MEDICINE

The MMA advanced its mission to make Minnesota the best place to practice medicine by advocating at the Capitol and throughout the state in 2025.

Here are some of the highlights of the MMA's work.

MMA develops a new financing mechanism to raise Medical Assistance rates but...

In response to persistently low and unsustainable Medical Assistance (MA) physician payment rates, the MMA championed the passage of a new state assessment on managed care organizations to leverage federal funds. The new revenue would have been used to increase Medical Assistance (MA) reimbursements for mental health services. The MMA had pushed to increase payments for all outpatient services but, in the end, lawmakers chose to start with increased payments for mental health services.

The MMA worked to raise MA rates to at least 100% of the Medicare rate. Currently, MA pays roughly 60 to 70% of Medicare rates and 30% of commercial rates for most outpatient physician services. These rates have fallen far behind the costs to run a medical practice, and when rates can't keep up, services are cut, communities are left without care, and patients suffer.

Unfortunately, the new assessment and the MA rate increase will likely not move forward. As a result of provisions in H.R. 1 (the "One Big Beautiful Bill Act"), the Centers for Medicaid and Medicare Services (CMS) has made clear its intent to deny approval of state assessments structured like the one adopted by the Minnesota Legislature. While disappointed, the MMA is hopeful that the work it has accomplished toward increasing MA rates in 2025 will prepare it for success if, and when, federal conditions change.

MMA limits mid-year formulary changes for prescription drugs

The MMA was able to shepherd another one of its legislative priorities across the finish line during the 2025 session with a law that limits mid-year formulary changes for patients who take medications.

In the past, insurance companies or pharmacy benefit managers (PBMs) could change their formularies throughout the year for their own financial benefit. This practice is sometimes called "non-medical switching." It forces patients to change medications that are working for them with very little notice, and will often lead to pauses or stoppages in prescribed treatments. This can lead to delays in care, unexpected and increased expenses, and overall worse health outcomes for patients. The new law took effect January 1, 2026.

Telehealth services will continue for at least two more years

Legislators agreed to continue audio-only telehealth coverage under Medical Assistance and MinnesotaCare for two more years, thus achieving another of the MMA's top legislative priorities for the 2025 session.

Early in the session, the MMA submitted a [letter](#) of support for the bill, arguing that "it is clear these services are working well for both patients and providers. Audio-only telehealth is especially important for patients with limited access to internet or audio-visual technology and the MMA strongly supports extending coverage for these services."

According to the Minnesota Department of Human Services (DHS), telehealth has been shown to increase access to care for adolescents, older patients, veterans, and individuals located in rural locations, and those who have transportation barriers and mobility issues.

Treat Yourself First campaign aims to end stigma around mental health

In February, a coalition of Minnesota-based professional associations, led by the MMA, launched *Treat Yourself First (TYF)*, a statewide campaign to confront and reduce the fear and stigma that prevents many healthcare professionals from seeking mental health services and support. The campaign was announced at a [press conference](#) in St. Paul on February 26.

The TYF campaign is designed to normalize help-seeking and foster a culture in which healthcare professionals are supported in prioritizing their own mental health. The campaign focuses on three core goals: raising awareness of stigma around help-seeking and creating a supportive environment that encourages healthcare professionals to prioritize their mental health and seek help when needed; amplifying healthcare professionals voices through peer-to-peer messages and resources that reduce stigma surrounding mental health and seeking mental health care; and connecting healthcare professionals to confidential, effective resources that address burnout, fatigue, and well-being.

During the legislative session, a bill passed that appropriates \$250,000 to the TYF campaign to expand its reach, visibility, and impact.

The coalition also launched a dedicated [website](#) that serves as a central hub for mental health and well-being resources for healthcare workers, as well as tools partners can use to share the campaign and encourage colleagues to seek support when needed.

MMA task force explores role of AI in healthcare

An MMA task force focused on artificial intelligence (AI) in healthcare began meeting in 2025.

The MMA Board of Trustees authorized the creation of the task force in December 2024. The task force is charged with considering the complex landscape of AI in healthcare, and identifying and recommending policies and/or principles that will allow for innovation, while also ensuring that patients and physicians are protected.

The task force, led by trustee Rebecca Thomas, MD, is focusing its work on transparency in the use of AI, potential bias in the use of AI, liability considerations, and clinical decision-making.

Expanding access to the profession & inspiring the next generation

Through the physician-led *Changing the Face of Medicine* initiative, the Foundation supported Gillette Children's Medical Discovery Day, introducing youth as young as 9 years old to careers in healthcare. Hands-on activities and mentorship from physicians and trainees, including MMA and Foundation leadership, helped broaden career aspirations, and inspire the next generation of healthcare professionals.



TOOLS YOU CAN USE

MMA makes it easy for physicians to track and understand how legislation and other policy changes impact medicine. That work certainly continued in 2025 with three significant guides:

One Big Beautiful Bill Physician Guide Online Resource:

On July 4, 2025, President Trump signed into law Public Law 119-21, a congressional reconciliation bill known as the One Big Beautiful Bill Act (OBBBA). According to the nonpartisan Congressional Budget Office's official [analysis](#), the law is expected to result in as many as 220,000 Minnesotans – and 10 million Americans – losing healthcare coverage due to its impacts on Medicaid, ACA subsidies, and Medicare. MMA staff created this guide to help Minnesota physicians understand how key provisions of the law will affect your practice and your patients.

Prior Authorization (PA) Resource Guide:

As of January 1, 2026, a sweeping set of new state laws, secured by the MMA, limit the use of PA in state-regulated health insurance products. MMA staff have created a *Physicians' Guide to Minnesota's Prior Authorization Law*, which includes a summary of the law, statutory citations, and instructions for filing complaints to regulators. The new laws:

- Expand current law to state public programs (i.e., Medical Assistance & MinnesotaCare),
- Prohibit the use of PA for select services,
- Limit the use of PA for chronic conditions,
- Require expedited PA decisions for select medications,
- Ensure coverage when PA approval wasn't obtained, but the service met criteria,
- Ensure coverage when PA approval wasn't obtained, but PA requirements weren't in effect,
- Limit mid-year formulary changes.

2025 Legislative Review:

At the conclusion of the legislative session, MMA staff created a review of the proceedings, including reports on MMA priorities as well as other healthcare-related legislation.

THE ONE BIG BEAUTIFUL BILL ACT (OBBBA) RESOURCE GUIDE FOR PHYSICIANS

Home / Resources / The One Big Beautiful Bill Act (OBBBA) Resource Guide for Physicians

MAKING SENSE OF IT ALL FOR MINNESOTA PHYSICIANS

On July 4, 2025, President Trump signed into law Public Law 119-21, a congressional reconciliation bill known as the One Big Beautiful Bill Act (OBBBA). According to the nonpartisan Congressional Budget Office's official [analysis](#), the law is expected to result in as many as 220,000 Minnesotans – and 10 million Americans – losing healthcare coverage due to its impacts on Medicaid, ACA subsidies, and Medicare. MMA staff created this guide to help Minnesota physicians understand how key provisions of the law will affect your practice and your patients.

The MMA has created this guide to help Minnesota physicians understand how key provisions of the law will affect your practice and your patients.

To begin reading the guide, please click on one of the linked sections below:

- 1. Medicaid (Medical Assistance) >
- 2. ACA Subsidies & MinnesotaCare >
- 3. Medicare >
- 4. Health Savings Accounts >
- 5. Medical School Loan Access >

The guide pages briefly discuss a 2025 OBBBA summary & CBO letter sent to Senator Thelen (Jan. 19th) on page 4, and a final CBO summary published on July 21.

The MMA will regularly update this guide as more information becomes available. Please contact [Adrian Ughetto](#), manager of health policy and legislative affairs, with questions.

Home / Advocacy / Key Initiatives / Prior Authorization

Prior Authorization

This page details the ongoing work of the MMA to limit the burden of prior authorization (PA) – a requirement that physicians obtain approval from health insurers before providing select treatments.

Complete Guide to MN PA Law

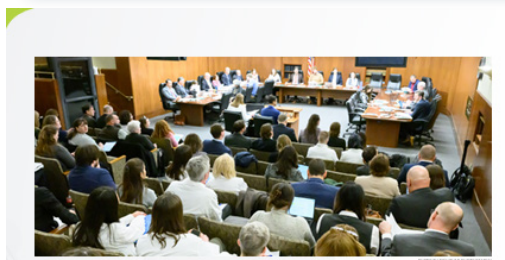
Click here (coming soon) for a complete guide on Minnesota's PA law including a summary of the law, statutory citations, and instructions for filing complaints to regulators.

New PA Laws Effective January 1, 2026

Starting January 1, 2026, a sweeping set of new state laws, secured by the MMA, will limit the use of PA in state-regulated health insurance products. A summary of the new laws is provided below (click on each law to expand details).

Please note that these laws will apply to state-regulated health insurance products (i.e., roughly 40% of the Minnesota market). A more detailed discussion of the limited applicability of state insurance regulations can be found in the "Outpatient Guide to 2025 PA Law" linked above (coming soon).

- State Programs Now Subject to PA Regulations
- Expanded List of Services for Which PA is Prohibited
- Expedited PA Review for Select Medications
- Limitations on PA for Chronic Conditions
- Coverage of Services for Which PA Was Not Obtained
- Coverage of Services for Which PA Was Not Required



2025 Legislative Session in Review

So many twists and turns... What a strange session this was... First, there was a 47-47 tie in the House of Representatives, which hasn't happened since 1979. Then, a Democratic representative resigned because he didn't actually live in the district in which he was elected. Then, the Republicans wanted to take control with a 47-46 majority, while a special election was scheduled for the representative's seat. As a response, the Democrats boycotted the House. Finally, almost half-way through the session, after a new representative was sworn in and it became a 47-47 tie again, lawmakers began to work assembly. Meanwhile, over in the Senate, with a 34-33 Democratic majority, a Democratic senator passed away from cancer and their seat was replaced. Another Democrat awaited trial for a breaking and entering charge but continued to govern. And, a Republican was arrested and resigned. That seat went unfilled until a special election was held on April 29.

In the end, both chambers couldn't agree on a budget before the session closed on May 19. Gov. Tim Walz called them back three weeks later, and work was finally completed on June 9. Despite this drama, the MMA was able to get most of its legislative priorities passed into law.

"What a way to end a career," said Dave Berner, CAE, MMAA director of advocacy, who is retiring after 38 years of service to the MMA. "I thought I had seen everything. Retirement will seem dull compared to all of the trials and tribulations we saw this year."

Here's a review of the session, including reports on MMA priorities as well as other healthcare-related legislation.

MMA's priority issues

MMA PRIORITY ISSUE	RESULT
Prohibit insurers from forcing patients to switch medications mid-year	Passed Legislators agreed to limit mid-year formulary changes. Insurers and pharmacy benefit managers will be prohibited from forcing patients to change from their current medication until the end of the contract year.
Increase ACA outpatient reimbursement to 100% of Medicare level	Passed Legislators passed a new assessment on managed care organizations to increase federal funds that are used to increase MA reimbursements for mental health services. The MMA pushed to increase payments for all outpatient services, but in the end only mental health payments were increased.

EDITORS' NOTE: The MMA thanks the assistance of House Speaker Emerita Melissa Hortman (DFL-Becker/5th) and her husband, as well as the donations of Sen. John Hoffman (DFL-Chapelle) and his wife on June 24. Speaker Hortman worked regularly with the MMA's advocacy team over the years to pass new medicine legislation. She was first elected to the House in 2004. She served one term as a member of the House Health and Human Services Finance Committee in 2013-2014. She became speaker in 2019. Hoffman served as a member of the Senate Health, Human Services and Housing Committee on his first term and has been a member of the Human Services Committee since 2017, chairing that committee starting in 2023.

2025 MMA AWARD RECIPIENTS

Two physicians, four physicians-in-training, the late Minnesota House of Representatives Speaker Emerita, a former MMA staffer, and the Center for Infectious Disease Research and Policy (CIDRAP) were all honored with MMA awards in 2025.

Distinguished Service Award

Keith L. Stelter, MD, a family physician in Mankato, received the MMA's highest honor, the Distinguished Service Award, for his years of dedicated service to the association and to medicine. Stelter, who's been a member for nearly 30 years, served the MMA as president and participated on several committees throughout the years.



Resident and Fellow Leadership Award

Saam Dilmaghani, MD, MPH, MS, received the Resident and Fellow Leadership award, which recognizes physicians-in-training who demonstrate exemplary leadership in service to residents and fellows, the profession of medicine, and the broader community. Dilmaghani served on the MMA Board of Trustees, and advocated at the Capitol for prior authorization reform and a state electronic POLST registry.



President's Award

Former MMA lobbyist, **Dave Renner, CAE**, received the MMA's 2025 President's Award. Renner, who retired in July 2025, advocated on behalf of physicians at the Capitol for 37 years.



MMA Foundation/Copic Humanitarian Award

David Tilstra, MD, received the MMA Foundation/Copic Humanitarian Award, which recognizes MMA members who go above and beyond to address the health care needs of underserved populations in Minnesota. His work transformed community wellness efforts across central Minnesota, from childhood nutrition and active living, to addressing adverse childhood experiences and food insecurity.



Medical Student Leadership Awards

Adrina Kocharian, PhD, Kathryn Xu and Grant Welk each received the Medical Student Leadership Award, which recognizes physicians-in-training who demonstrate exemplary leadership in service to medical students, the profession of medicine, and the broader community. Kocharian is a former medical student trustee on the MMA Board of Trustees, and is active with the AMA. Xu put her dermatological skills to use with the Zumbro Valley Medical Society's (ZVMS) Street Medicine initiative. Welk served as the medical student leader for two of the ZVMS Street Medicine eye care clinics.



James H. Sova Memorial Award for Advocacy

State Rep. **Melissa Hortman**, of Brooklyn Park, received the James H. Sova Memorial Award for Advocacy posthumously. Sova was the chief lobbyist for the MMA from 1968 until the time of his death in December 1981. This award is given to a person who has made a significant contribution to the advancement of public policy, medical sciences, medical education, medical care or the socioeconomics of medical practice. Hortman and her husband, Mark, were tragically killed in June 2025. Hortman worked with the MMA on a variety of healthcare bills at the Capitol.



Eric C. Dick Memorial Health Policy Partner Award

This award is given to an individual, group of individuals, a project or an organization that demonstrates their commitment to pursuing sound public policy, building coalitions, creating and/or strengthening partnerships with the goal of improving the health of Minnesotans or the practice of medicine in Minnesota. Dick was the MMA's manager of state legislative affairs from 2010 until his untimely death in January 2021. The 2025 recipient was the **Center for Infectious Disease Research and Policy (CIDRAP)**, which was selected for its work in addressing public health preparedness and emerging infectious disease response.



2025 Advocacy Champions

Each month, the MMA recognizes a member who has served as an advocacy champion, whether through testifying at the Capitol, raising their voice at a city hall meeting, or being the person who stands up and advocates for change. When physicians and physicians-in-training advocate for improving patient care and improving the profession, it serves as a great reminder of why they went into medicine. Members recognized in 2025 as Advocacy Champions included the following:

- January** Katie McLaughlin, JD
- February** Kurt M. DeVine, MD, FASAM
- March** Cresta Jones, MD, FACOG, FASAM
- April** Christopher Reif, MD, MPH
- May** Katie Smentek, MD
- June** Shari L. Bornstein, MD, MPH
- July** Tyler Winkelman, MD, MSc
- August** Saam Dilmaghani, MD
- September** Victor G. Chedid, MD, MS
- October** Elizabeth Breitbach
- November** Stella K. Evans, MD, ICF-PCC
- December** Maria Starchook-Moore, MD, MPH

REPRESENTING ALL OF MINNESOTA



2025 MMA Financial Highlights

Total MMA revenue: \$3.6M

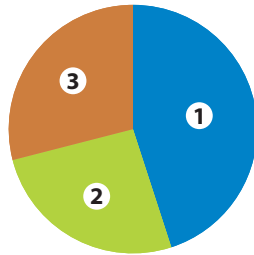
1 DUES 48%

2 NON-DUES REVENUE 23%

Advertising, sponsorships, event registration, grants, lobbying services, educational programming and accreditation services

3 SPENDING POLICY 29%

Portion of investment returns used to support operations



How your dues are used

1 MEMBER ENGAGEMENT 11%

2 ADVOCACY 26%

3 COMMUNICATIONS AND EDUCATION 21%

4 GOVERNANCE 17%

5 INFRASTRUCTURE AND OVERHEAD 25%



2025 membership information

Total: 10,552



MINNESOTA
MEDICAL
ASSOCIATION

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WEB: mnmed.org

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2025 MMA Foundation Financials

Total Net Assets: \$2.565M

MEDICAL STUDENT & RESIDENT SCHOLARSHIP FUNDS

Friedman-Bowen \$529k

Reuter-Lien \$73k

Indihar \$9k

COMMUNITY GRANT & INITIATIVE FUNDS

MMA Community Health & Health Equity Innovation . . . \$32k

Stearns Benton Community Health. \$68k

Changing the Face of Medicine \$56k

Physician Volunteerism \$54k

Gun Violence Prevention \$62k

UNRESTRICTED \$1.682M

Total Revenue: \$510K

CONTRIBUTIONS

MEDICAL STUDENT & RESIDENT SCHOLARSHIP FUNDS

Friedman-Bowen \$122k

Reuter-Lien \$3k

Indihar \$2k

COMMUNITY GRANT & INITIATIVE FUNDS

Changing the Face of Medicine \$3k

Gun Violence Prevention \$62k

Unrestricted \$29k

GRANTS

The Physicians Foundation \$12k

Investment income \$278k

Total Expenditures: Grants, Scholarships & Operations: \$105K

MEDICAL STUDENT & RESIDENT SCHOLARSHIP FUNDS

Friedman-Bowen \$8k

Indihar \$3k

COMMUNITY GRANT & INITIATIVE FUNDS

Changing the Face of Medicine \$2k

Physician Volunteerism \$1k

PROGRAM EXPENDITURES FROM GRANTS \$12k

ADMINISTRATIVE COSTS \$79k

Net Income: \$405K



You're not a policy number. You're a human.

We see you. And we understand your challenges. Our relationship doesn't start when there's a claim. From day one with Copic, we bring you insights designed to improve patient safety, help reduce risk, and let you focus on what you do best. We're here for the humans of healthcare.

Copic is proud to be the endorsed carrier of the Minnesota Medical Association. MMA members may be eligible for a 10% premium discount.



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