

# Moving from Conversation to Action

Here are a few steps that you can take over the next year to move the **conversation** on the physician's role in addressing gun violence prevention to **action**.

## Today

- Exchange contact information with other attendees at the MMA Gun Violence Prevention Workshop.

## Within the Week

- Complete the event evaluation sent out by the MMA, and if you are interested in connecting with your legislator on the topic of gun violence prevention, note this on the evaluation.
- Seek out tools and resources to help you in discussing gun safety with your patients (e.g., safe storage, household risk factors, and how to mitigate risk).
- Seek out tools and resources to assist in screening and counseling patients who are at high risk for committing suicide, as well as patients who are victims of domestic violence.

## Within the Month

- Connect via email with someone you met at the MMA Gun Violence Prevention Workshop.
- Connect with your local legislator on gun violence prevention.
- Find ways to be an advocate on gun violence prevention within your community.
- Subscribe to a podcast, listserv, etc. that provides information on gun violence prevention.

# Moving from Conversation to Action

Here are a few steps that you can take over the next year to move the **conversation** on the physician's role in addressing gun violence prevention to **action**.

## Today

- Exchange contact information with other attendees at the MMA Gun Violence Prevention Workshop.

## Within the Week

- Complete the event evaluation sent out by the MMA, and if you are interested in connecting with your legislator on the topic of gun violence prevention, note this on the evaluation.
- Seek out tools and resources to help you in discussing gun safety with your patients (e.g., safe storage, household risk factors, and how to mitigate risk).
- Seek out tools and resources to assist in screening and counseling patients who are at high risk for committing suicide, as well as patients who are victims of domestic violence.

## Within the Month

- Connect via email with someone you met at the MMA Gun Violence Prevention Workshop.
- Connect with your local legislator on gun violence prevention.
- Find ways to be an advocate on gun violence prevention within your community.
- Subscribe to a podcast, listserv, etc. that provides information on gun violence prevention.

## Within Three Months

- Have a conversation with a friend or colleague about either the topic you discussed at the workshop, or another topic that was addressed:

*Topic 1* How to talk to legislators about gun violence prevention

*Topic 2* Importance of physician advocacy

*Topic 3* How to discuss gun violence prevention with your patients

*Topic 4* Know the signs: How can physicians prevent gun violence?

*Topic 5* Debunking myths about gun violence and mental health

- Seek out local, state or national organizations that are working to address gun violence prevention and learn how you can become more involved.

## Within Six Months

- Volunteer for a local, state or national organization working to address gun violence prevention.
- Challenge your awareness of gun violence as a public health issue, and what role you as a practicing physician, resident, or medical student can play.

## Within Nine Months

- Check-in via email with someone you met at the MMA Gun Violence Prevention Workshop.
- Set up a meeting with those at your clinic or health system to discuss what work needs to be done to ensure that appropriate clinical tools for screening and counseling patients on gun violence prevention are available.

## Throughout the Year

- Seek out books/events that address gun violence prevention and continue to challenge yourself to be an advocate for both your patients and your community.
- Seek out training opportunities that will equip you with the tools needed to have conversations with your patients, elected officials, community leaders, etc. about gun safety.

*Document used at the MMA Gun Violence Prevention Workshop (January 31, 2019). Adapted from a document entitled, "Continue the Conversation," distributed at the YWCA Minneapolis' "It's Time to Talk: Forums on Race."*

## Within Three Months

- Have a conversation with a friend or colleague about either the topic you discussed at the workshop, or another topic that was addressed:

*Topic 1* How to talk to legislators about gun violence prevention

*Topic 2* Importance of physician advocacy

*Topic 3* How to discuss gun violence prevention with your patients

*Topic 4* Know the signs: How can physicians prevent gun violence?

*Topic 5* Debunking myths about gun violence and mental health

- Seek out local, state or national organizations that are working to address gun violence prevention and learn how you can become more involved.

## Within Six Months

- Volunteer for a local, state or national organization working to address gun violence prevention.
- Challenge your awareness of gun violence as a public health issue, and what role you as a practicing physician, resident, or medical student can play.

## Within Nine Months

- Check-in via email with someone you met at the MMA Gun Violence Prevention Workshop.
- Set up a meeting with those at your clinic or health system to discuss what work needs to be done to ensure that appropriate clinical tools for screening and counseling patients on gun violence prevention are available.

## Throughout the Year

- Seek out books/events that address gun violence prevention and continue to challenge yourself to be an advocate for both your patients and your community.
- Seek out training opportunities that will equip you with the tools needed to have conversations with your patients, elected officials, community leaders, etc. about gun safety.

*Document used at the MMA Gun Violence Prevention Workshop (January 31, 2019). Adapted from a document entitled, "Continue the Conversation," distributed at the YWCA Minneapolis' "It's Time to Talk: Forums on Race."*