MINUTES

MSS EXECUTIVE COMMITTEE MEETING (TWO-PART MEETING)

Saturday, August 19, 2017 PART I
10:30AM-12:00PM (University of Minnesota (Twin Cities), Weaver-Densford Hall, Room 2-120)

Tuesday, September 19, 2017 PART II
7:00PM-8:00PM (Via ZOOM)

Members Present (including new MS1s)
Gretchen Colbenson (Chair)
Elizabeth Fairbairn
Ben Harris
Ethan Harris
Stephen Palmquist
Erica Sanders
Abby Solom
Risa Visina
Josh Warneke

Guests Present (Part I) – MS1s at University of Minnesota Medical School (new to MSS)
Kevin Butcher
Eric Nagarajan
Dan Ly
Whitney Johnson
Dylan McCreary
Ahmed Mohamed
Sydney Notermann
Megan Crowe
Omar Cespedes

Guests (continued)
Bri Naumchik
Jenna Fleming
Nicholas Dick
Asma Adam
Fathima Mohamed
Nathan Stratton
Lisa Skrabakka
Megan Schmit
Chaitanya Chittineni
Alex Kuchne
Sowela Ahmed
Cassandra Knott
Caitlin Raasch
Adrina Kocharian
Tobias Donion

Staff Present
Juliana Milhofer

I. Welcome and Introductions
The meeting began at 10:30AM.

II. Education Session (open to MS1s new to MSS)
A. 10:30AM - 11:30AM: Presentation and open discussion with Christopher Reif, MD, MPH Director of Clinical Services at CUHCC clinic to talk about how to best provide care and how to have care conversations in the Somali community.
B. 11:30AM - 12:00PM: The layers of advocacy and organized medicine and how to get involved - Erica Sanders
III. MMA Board of Trustees Report
Risa Visina noted that elections for the MMA Board of Trustees spots are open until September 1st.

Notes:
- All 3 Medical Student Trustee candidates have been supported by the MMA-MSS.
  - Erica Sanders - MS-4 UMN-TC
  - Alex Feng - MS-4 UMN-TC
  - Tom Schmidt - MS-2 UMN-TC
- Last meeting: 7/17/17
  - Dr. Randy Rice was elected as the new Chair of the MMA Board of Trustees. Dr. Rice is a family medicine physician from Moose Lake, MN who has been involved as an MMA Trustee for the past 5 years.
- The remaining dates for 2017, as well as dates for 2018, for MMA Board of Trustees meetings were noted.

IV. MEDPAC Board of Directors Report
No updates were provided.

V. MMA Foundation Report
Last meeting occurred on 9/13.
  i. Updated report on physician volunteerism
     a. Updated website for physician volunteerism
     b. New data shows there is an increase in physician volunteerism in the MMA Foundation program (as reported by surveying volunteer organizations)
  ii. Looked into ways to raise money for the foundation at the annual conference
     a. Matching donations

VI. MMA Policy Council Report
No updates were provided.

VII. MMA Committee Reports
A. Ethics and Medical Legal Affairs
   a. Decision-making for patients without surrogates
      i. Literature: "Patients without surrogates" comprise 16% of ICU admissions; 3-4% of US nursing home population.
      ii. The population of those without surrogate DM’s is growing given shrinking average American family units, estranged from families, outliving families, etc.
iii. Prevention methods: prevent them from becoming unbefriended; attempt to identify surrogate decision makers BEFORE the patient lacks capacity

iv. Minnesota is one of the only states that does not have policy involving SDM

b. Future committee work:
i. Committee moved to focus on informed consent at its October meeting

B. Medical Practice & Quality
a. No report given.

C. Membership & Communications
a. Committee will be meeting tomorrow, so no report provided.

D. Public Health
a. Topics at the most recent meeting included (1) racial bias in the criminal justice system; and (2) updates on the measles outbreak.

E. Finance
a. No report given.

VIII. MMA & AMA Business

Ways to Get Involved

A. Sign up for “Hands On Advocacy” (HOA). Hands On Advocacy is an advocacy campaign designed to teach students how to excel at advocacy through experiential learning. Email Erica Sanders (sande892@umn.edu) or Tom Schmidt (schm1610@umn.edu) to get involved. The topic this year will be combatting the opioid epidemic. This can make a great service learning project or public health project for MS1s.

B. Future Community outreach - Children’s Hospital is planning to host community sessions to encourage meaningful conversations with the medical community and greater community. The goal is to create an open line of communication, trust and approachability in the healthcare setting. More information to come as details are finalized.

C. University of Minnesota – Twin Cities, American Medical Association Chapter - we will be formalizing an AMA chapter for the twin cities this fall. Applications are now open and are due October 1st.

D. MMA Committees - Serve on an MMA Policy Committee with physicians from around the state. There are six committees and two students sit on each. Meetings are usually 4 times per year and there is a call-in option available if you can’t be there in person. Will send out the application link in October.

E. Elections for the MMA-Medical Student Section (MSS) Executive Committee will be held at our December 2nd Meeting (10:30-12:30pm). All students are welcome and encouraged to run for a position on the executive committee.
F. **Become an AMA member** - It is $68 total for all 4 years, comes with many benefits (Netter’s Anatomy flashcards, access to the residency program database, UPS discounts, and much more).

**Upcoming Events**

A. **MMA Annual Conference**
   a. September 23rd.
      i. The conference will be held in Rochester. Registration is $25 for students.
      ii. The medical student/resident social is on Friday the 22nd from 9:30-10:30pm at The Taphouse in Rochester.
      iii. We will try to meet as a medical student group in the morning on Saturday so everyone can get their bearings and have a friend to hang out with throughout the day.
      iv. Carpooling options are available.
   b. August 29th: medical cannabis education session at the Twin Cities campus.
   c. August 31st: HOA vaccine simulation lunch lecture at the Twin Cities campus.

**Minnesota Physician Award**

A. A proposed award, to be presented to a physician who has demonstrated their commitment to medical education, advocacy, public health and health policy - to be given on behalf of medical students, was discussed.

B. The proposed award would be in the form of a plaque, rather than monetary.

C. It was determined that it is too late to move forward this year, but MMA staff will circle back with additional information regarding award criteria, and feasibility.

**AMA Interim Meeting**

A. Meeting will be held in Hawaii in November. Discussion included whether MMA should support a student attending, given the high cost associated with the meeting location.

The following motion was made, seconded, and passed unanimously:

<table>
<thead>
<tr>
<th>Motion: MSS will provide a $500 travel grant to offset costs associated with one student attending the 2017 AMA Interim Meeting. This will be available first to the Delegate, second to the Alternate Delegate, next to the rest of the MSS Executive Committee, and then open to any medical student that has attended at least two MSS meetings in the last year.</th>
</tr>
</thead>
</table>

B. MMA staff will circle back with the MSS Executive Committee regarding the above action, after discussion with additional MMA staff.
MSS Executive Committee Positions

A. Ideas for new roles:
   a. Chair & Vice Chair vs two co-chairs? Eliminate Delegate and Alt Delegate → Treasurer & Inter-school delegate (coordinate AMA delegates at each school, organize AMA annual and MMA annual activities and logistics). Keep Secretary and member at large (community organizing, responsible for bringing in new students interested in policy but not sure how to become involved, organizing lunch lectures and Day at the Capitol with the help of the chairs).

B. Maybe there is not a need for a treasurer.

C. MMA Board of Trustees representative to remain on MSS Executive Committee

D. Additional:
   a. Day at the Capitol
   b. HOA representative
   c. Student liaison committee (take over job Erica and Elizabeth have lead with the student interest survey each year - gather information on what policy topics are important to students. Coordinate at least one lunch lecture on one of these interesting policy topics each year).

E. Additional Discussion:
   a. Put together an in-person/digital meeting in the next few weeks to vote on options for leadership moving forward. Abby and Gretchen will create a Google doc and share with everyone.

IX. Component Medical Society Updates

A. Twin Cities Medical Society
   i. No updates provided.

B. Zumbro Valley Medical Society
   i. No updates provided.

X. AMA Chapter/School Specific Updates

A. Mayo Clinic School of Medicine:
   i. No updates provided.

B. University of Minnesota Medical School - Duluth campus:
   i. Jimmy McCluskey has been elected to a leadership position on campus. More information to come.

C. University of Minnesota Medical School - Twin Cities campus:
   i. Elections for the new AMA board are open. Deadline to apply has been extended to October 15th.
XI. New Business
   A. MSS/RFS 5K Idea
      i. Looking into hosting a 5K that would be open to both medical students and residents, in partnership with the wellness committee at the University of Minnesota Medical School. More information to come.
   B. AMA interim funding
      i. $500 award still available.
   C. HOA Funding
      The following motion was made, seconded, and passed unanimously:

      **Motion:** MSS will create a $300 line item in its budget for HOA annually.

      i. As HOA is a project of the MMA-MSS, and now receives continuous funding, in the amount of $300 per year, it will be expected that HOA project leads will provide progress reports to the MSS Executive Committee when the MSS Executive Committee meets.

   D. MEDPAC for Prior Authorization
      i. Physicians from many different specialty societies are coming together on the evening of Wednesday, October 11th, at 6:00 pm at the MMA offices for a fundraiser for: Rep. Rod Hamilton (Mountain Lake) and Rep. Tony Albright (Prior Lake)

XII. Adjourn

There being no additional business, the meeting was adjourned at 8:58PM.