Helping Minnesotans Stay Healthy and Well

Minnesota physicians are uniting to empower families to practice good health for their physical and emotional well-being.

Seek Safe Care. A physician can see you now.

ER VISITS DOWN 40-50%
Source: American College of Emergency Physicians

29% of American adults say they have delayed or avoided medical care because they are concerned about contracting COVID-19.
Source: American College of Emergency Physicians

73% of American adults are concerned about overstressing the health care system.
Source: American College of Emergency Physicians

“We urge Minnesotans to get the care they need, when they need it. Physicians are available and safety precautions are in place to protect you.”
– Keith Stelter, MD, MMA President

Don’t Delay Routine Care

IN MINNESOTA, MEASLES VACCINE DOSES DROP 70% IN 2020
Source: State health officials, reported by Star Tribune

From mid-March to mid-April, 2.5 million fewer doses of all routine non-influenza vaccines as compared to 2019
Source: CDC

“The data is alarming. Avoiding routine care, including vaccinations and appointments needed to manage chronic conditions, can have a lasting impact on your health and the health of your community. Please talk to your physician about how to safely continue your routine care needs.”
– Keith Stelter, MD, MMA President

Follow COVID-19 Safety Practices

WEAR A MASK
PRACTICE SOCIAL DISTANCING
STAY HOME WHEN POSSIBLE
WASH YOUR HANDS
GET TESTED WHEN SICK

#PracticeGoodHealth mnmed.org