

## NEWS RELEASE

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### **ROCHESTER PHYSICIAN TO RECEIVE MMA COMMUNITY SERVICE AWARD**

**MINNEAPOLIS** – Fred T. Nobrega, M.D., of Rochester, will receive a Minnesota Medical Association Community Service Award during the 155th MMA Annual Meeting at the Crowne Plaza Hotel-Riverfront in St. Paul Sept. 17-19.

The Community Service Award honors MMA physicians with an outstanding record of community service.

Since retiring from his internal and preventive medicine practice at Mayo Clinic, Dr. Nobrega has been active as executive director of the Zumbro Valley Medical Society, as chair of Citizens for a Smoke Free Rochester, and as a member of the Olmsted County Community Health Advisory Committee.

Dr. Nobrega testified before the Minnesota Pollution Control Agency on the proposed tire burning facility in Preston, and before the State Senate committee and his county's Board of Commissioners on the smoke-free law. His advocacy efforts contributed to Olmsted County passing a ban on smoking in the workplace, which in turn led to the statewide Freedom to Breathe Act.

Dr. Nobrega was a member of the National Leadership Commission on Health Care and an advisor to the Health and Human Services Bureau of Health Planning and Research Development.

The award will be presented at the meeting of the MMA House of Delegates on Wednesday, September 17 at 7 p.m.

The Minnesota Medical Association is a professional association of about 10,000 physicians, medical students, residents, and fellows.